

# GHOST HUNTER PRO

**GHOST HUNTER TRAINING  
& CERTIFICATION**



*Imagine Spirit*

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# How to Take this Course

It's easy to be confused when you first receive your course. You may be wondering, "where do I begin? What am I supposed to do?"

Simply begin at the beginning right where you are right now. Read each lesson in order. And, please please don't skip around.

If you come across exercises or videos to watch, you can stop and listen or watch right then, or wait until you've reached the end of the lesson.

Additionally, you'll see self-quizzes. Don't ignore these quizzes. They are a valuable source to solidify what you've learned. Furthermore, these very questions will be in the quiz for becoming certified.

Don't forget to work through the case studies and listen to the Live Class Recordings. Mostly likely questions asked and explanations given, will answer any questions you may have.

In fact, by the end of the course, you'll be an expert Ghost Hunter if you apply and practice what you've learned in practice investigations.

Start out small. Try investigating a nearby cemetery that's no longer actively burying people. Be respectful and quiet. People tramping around and being noisy is not only disrespectful to the spirits, but to those that may be visiting loved one's graves.

Next, read *An Introduction to Ghost Hunting*.

# An Introduction to Ghost Hunting

**G**host Hunting has become a global craze for paranormal enthusiasts for the last fifteen years or so. People watching various ghost shows have trekked to alleged haunted locations to see if they, too, can capture evidence of ghosts.

Unfortunately, many are ill-equipped, emotionally, and technically. Moreover, some individuals spend hundreds and even thousands of dollars on equipment without any idea of adequately using these tools effectively, resulting in frustration and perhaps quitting the endeavor altogether.

In this course, we'll cover many kinds of equipment most commonly used to hunt ghosts and get started on a budget. There is no reason to go out and spend a massive amount of money on equipment until you decide whether ghost hunting is right for you. Additionally, there are videos to learn how to use most kinds of equipment for the best results and analyze evidence carefully.

## **Amateur or Professional**

You will be learning almost all facets of proper ghost hunting by incorporating specific protocols, and one of the most critical aspects of ghost hunting, how to interview clients. By the end of the course, you'll be able to conduct a full-fledged ghost investigation with confidence.

This doesn't mean you'll always capture ghost evidence every time in an investigation. More often, the evidence is scarce, and nothing turns up at all. You'll need to be prepared for this.

As an additional note, regardless of what science and the skeptics claim, this course assumes that these phenomena do exist without an argument for or against this assumption. If you had any reservations about the existence of ghosts, you would not be taking this program.



## Ghost Hunting is an Art

I genuinely believe that hunting for ghosts is an art. However, it must not be treated as a game because this is where people can get into trouble. Or, come across situations far beyond what they ever expected or can handle. There are countless stories of people that have gone ghost hunting, perhaps on a lark, and upon encountering something paranormal, wish they'd never gone in the first place.

Just so you know, some of my investigations have included:

Part of successful ghost hunting involves a stable but open mind and, as mentioned, how to use equipment correctly for capturing and analyzing evidence. Photos and film can often render an image mistaken as ghost activity when there is a logical explanation for what individuals think they've caught as real pieces of evidence.

Each lesson has an abundance of essential material; therefore, please read each lesson carefully. And, make sure that you watch the YouTube VIDEOS presented.

Lastly, each week you'll be introduced to a very haunted place. You'll learn about why a locale may be haunted, and the different ghostly activities reported there

### **\*\*IMPORTANT: ABOUT THE MOVIE LINKS\*\***

**For some, the links to the VIDEOS seem hard to click to get to the YouTube Channel. Some of these VIDEOS are unlisted. Therefore, I've added a text file with all the links to VIDEOS to help you out if this happens to you. Look for: VIDEOS.txt in your course materials.**

A lot of love has gone into this course. I hope you get a lot out of it.

Happy Ghost Hunting!

## Lesson 1 – An Overview of Hauntings

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*“All a skeptic is, is someone who hasn’t had an experience yet.”*

~ Jason Hawes, Ghost Hunters

**S**pirits are everywhere. Some spirits are the specters of deceased humans, and some can be defined as non-human. When people think of spirits or ghosts, they generally think of human-type figures. However, there is much more to the spirit world than the typical human classification of entities. There are spirits of animals and nature spirits to throw into the mix. Like our real world, spirits can be both pleasant spirits and some malicious, angry, or troublesome.

Ghosts have been called by many names such as spirit, specter, shade, wraith, poltergeist, phantom, presence, apparition, spook, jinn, or even boogeyman.

Most human-type spirits you or your team will run across are non-threatening, lost or confused, or even indifferent to you. You may even discover that some spirits, and the phenomena associated with them, have no awareness whatsoever. They are part of what we term a residual

haunting and are instead just a picture replaying from the past. Other spirits may only appear for a reason, and we call these purposeful spirits. Still, others only desire to frighten people and attempt to cause harm.

## **Are All Ghosts Demonic?**

It's sad to watch ghost hunting shows that are primarily focused on presenting ghosts as evil and even demonic. These shows are created for shock and awe and are for entertainment purposes only. The average person watching these episodes may get the idea that all ghosts are demon-like and are the only kinds of hauntings that exist. Some shows like to assert that child ghosts are usually demons in disguise.

As a qualified ghost hunter, you can assure people that *most* hauntings are harmless and, in some cases, are not even an actual haunting at all, but replays of residual energy! You'll find out more about residual energy ghost sightings later in this course.

## **Providing the Proof**

Significantly, one must be aware of the burden of proof. You might ask yourself, “What constitutes proof of ghost phenomena?” Unfortunately, it’s difficult to obtain solid, tangible evidence of a ghost. Also, when interviewing witnesses, one must take the credibility of the witness into account. All one can hope for is personal evidence linked with historical details, recording, and photographic material, including still shots and video. You’ll learn more about this shortly.

*Note: What I suggest to overcome criticism of evidence is to document everything thoroughly at the onset.*

Indeed, now comes the more challenging part. Mainly, what might be regarded as conclusive proof of evidence by one individual might not be acceptable to another who uses different standards and methods. Many people are still over-

skeptical, while others are too gullible and will endorse any evidence which confirms their own established belief. And, there are the skeptics and those who refuse to accept proof of any sort. This is especially true when documentation that's likely to authenticate something that forces them to alter their long-held beliefs.

### **The Proof Is Out There!**

The chances are that you can successfully prove haunting activity in a haunted home or location. Although you may not get proof in all of your investigations, there's no doubt that you can obtain some form of evidence and documentation to back it up.

What I suggest to overcome criticism of evidence is to document everything thoroughly at the onset. This vital practice involves taking notes, where the evidence was captured in the dwelling, and the specifics involved with any evidence gathered.

More importantly, a good practice is to find a learned source with expertise that will examine your recordings, videos, or still pictures and give a thumbs up to the materials provided. This practice adds credibility to your investigation.

Finally, researching information about an alleged haunted site takes a bit of work but is well worth the effort. Talk to the victims of the haunting you are investigating. Libraries and historical societies are excellent for this. While it's true that you, or a team member, may have to scroll through newspapers, magazines, or blogs on the Internet, some of these media



RESEARCH IS CRITICAL

platforms may provide crucial details about haunted sites, whether historical or recent. They may even provide the names of recent witnesses of apparitions and details of other haunting activities.

## Modern Day Belief in Ghosts

It's helpful to know what modern-day cultures believe in terms of belief in ghosts and the spirit world.

From indigenous to long-established countries, almost every culture has some kind of belief in spirits. These long-standing beliefs may explain the fear of being haunted by the dead filtered through the ages. The ghosts of today are no different than ghosts recorded in the distant past.

Time makes no difference to the kinds of ghosts and hauntings people, or groups, experience. It's only how each society treats its spirits that's different.

In our modern world, many cultures pay homage to the dead. For example, in the U.S., we celebrate Halloween. Halloween originated from an ancient Celtic harvest festival called, All Hallows' Eve. It's interesting to note that to discourage this practice, long ago, the Catholic Church instituted a holiday the day after Halloween, November 1st, designated as "All Saints Day" and November 2nd became "All Souls Day."

The Hispanic culture honors the dead to "keep them happy" by celebrating the annual Día de Muertos, or "Day of the Dead." In Chinese culture, the fifteenth day of the seventh month in their lunar calendar is called "Ghost Day," and the seventh month, in general, is regarded as the "Ghost Month." This is when it's believed that spirits, including ancestors, come out and visit the living. In these festivals, the descendants pay homage to their deceased ancestors to appease them.

Buddhists and Taoists perform rituals for the benefit of ghosts. They are known to hold frequent ceremonies to lighten a ghost's *suffering*. Family members of a deceased person often request this all-important ritual, a natural part of their society. Monks and priests build altars specifically for the deceased person and throw rice or other small foods into the air in all directions to distribute them to the ghost. They believe that this will aid in releasing the spirit from Hell.

“Ghost sickness” is a cultural belief among some Native American peoples in North America, notably the Navajo and some Muscogee and Plains tribes. People that are obsessed with the deceased are thought to suffer from ghost sickness. Reported symptoms include general weakness, loss of appetite, suffocation symptoms, recurring nightmares, and a pervasive feeling of terror.

The illness is attributed to ghosts (Navajo: ch'íidii) or, occasionally, to witches or witchcraft. Sacred and complicated rituals are still practiced today to rid a person or persons of this sickness and release them *from the ghost's grip*.



Epworth Rectory

## The Spirit World Comes Out of the Closet

A century or more ago, the practice of Mediumship, séances, and contacting the dead was a highly popular pastime in much of Western Europe and America. This phenomenon may be explained by the fact there wasn't much else to entertain them.

Groups of people congregated in each other's homes. Their hope, to summon spirits. Yet, few people actively researched ghosts.

Historically, the late 1700s to the 1800s was unquestionably a time for a fascination with spirits and ghosts. From mediums to séances to ghost stories, the public could not get enough of hearing about ghosts. Perhaps this is because prosecuting individuals for belief in things paranormal was no longer a consequence. The times for being tortured and put to a horrible death for even casually mentioning supernatural occurrences were no longer a reality.

### **Hauntings that Captured Public Attention**

Notable haunting cases such as *The Drummer of Tedworth* (1662), *The Epworth Rectory Ghost* (1716), and *The Bell Witch Haunting* in America (1817) became the hot news items of the day. These three cases, all considered to be cases of poltergeist activity, ignited the public's imagination. Investigations into these hauntings, usually by a clergyman and other well-meaning individuals, yielded very little, and there was no way to prove or disprove the alleged supernatural events. Ghost investigating had not yet been standardized into a system, and there were no rules for an objective investigation to occur. Read in Wikipedia:

- [The Drummer of Tedworth](#)
- [The Epworth Rectory Ghost](#)
- [Watch Our Movie On "The Bell Witch"](#)

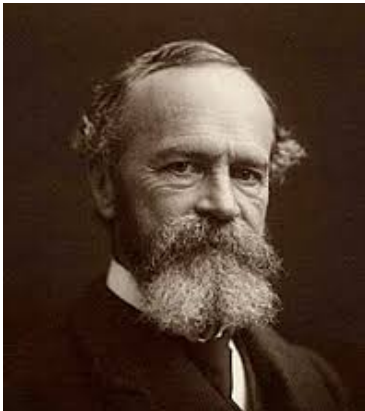
### **The Beginnings: Exploring the Supernatural**

In 1859, a Mrs. Catherine Crowe of Edinburg, Scotland, took on the subject of spirits and ghosts and wrote an extensive book on reported cases of Scottish ghosts called, *The Night Side of Nature*. This book became an instant sensation throughout the British Isles. Although attacked by some critics for not having enough proof behind her stories of hauntings, the book was praised by others for its treatment of the cases with solid commonsense and objectivity. It seems Mrs. Crowe was way ahead of her time, and it would be another thirty years before investigators openly explored the supernatural and claims of hauntings.

## The British Society of Psychical Research

The [British Society of Psychical Research](#), often referred to as the SPR, was founded in 1882, with its founding members being the brightest minds of the day.

The SPR was the first organization of its kind in the world. Its stated mission is "to approach these varied problems (meaning paranormal phenomena) without prejudice or prepossession of any kind, and in the same spirit of exact and unimpassioned inquiry which has enabled science to solve so many problems, once not less obscure nor less hotly debated."



**William James, American  
Philosopher, Psychologist**

Early members of the SPR included chemist William Crookes, physicist Sir Oliver Lodge, Nobel laureate Charles Richet, noted psychologist William James, and poet classicist Frederic W. H. Myers. From these luminaries, the science of Parapsychology emerged.

Initially, the study areas were to include thought-transference, Mediumship, the physical phenomena associated with séances, mesmerism, and apparitions and haunted houses. Even with a set purpose, there were heated arguments about precisely what the society wanted to accomplish.

Although the beginnings of the SPR seemed more geared towards investigating a Spiritualist Medium's authenticity, eventually, the society took on the subject of ghosts, ghostly manifestations, and the paranormal in general. Not to be left out, in 1885, the Americans formed a similar paranormal investigative group named The American Society of Psychical Research, with close ties to their British counterparts.

As the new millennia came and went, others decided to get into the area of paranormal research. Independent ghost hunters soon emerged, and



notably among these was Harry Price. (More about Harry Price later in this course).

Harry Price, a journalist, was also an opportunist. With his journalistic career waning, he had the bright idea of investigating alleged hauntings throughout England and writing articles about them. He knew the public was ravenous about everything supernatural and hoped this would be his great comeback and ultimately his pathway to fame. And, in a way, he was right but not in the way he thought.

### **The Age-Old Question; What Happens When We Die?**

At passing, meaning death, we immediately leave both the physical body and <sup>1</sup>etheric body and join with our <sup>2</sup>astral body, which takes us through the crossing over experience.

Many people that have had near-death experiences describe this event as the "Tunnel of Light" experience. The spirit of the soul decides at that time whether or not they will cross into the light. Most souls do it automatically with no hesitation.



Due to traumatic or sudden death, some individuals somehow miss or refuse the crossing-over experience. As a consequence, they become

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<sup>1</sup> Etheric Body is thought to be a rarified substance that is an exact duplicate of our physical body and is a part of us until we die.

<sup>2</sup> The Astral Body is much like the Etheric Body, however, it can leave the physical body at any time and travel to any dimension outside of space and time.

earthbound – at least for a while. This state of being isn't permanent. Any human spirit (meaning once lived on earth) always has the opportunity to cross to the light.

Any earthbound spirit might be responsible for a haunting situation dependent upon their state of mind at passing. Despite the terminology, earthbound spirits are not necessarily menacing. We'll be discussing the classifications of ghosts shortly.

*Note: It's important to know that when we die our mental state and what we were feeling at the time of death, is what we take with us.*

## Where and How Ghosts Appear

Ghosts and hauntings are witnessed nearly every location on Earth, from the highest mountains of Tibet to the deepest jungles of South America to the depths of the ocean. As mentioned, ghosts can appear in any form. They might be seen completely solid like a living person to semi-transparent. They can appear as fully formed bodies (called a full-bodied apparition) to perhaps missing a head or limbs. They seem to walk normally, glide, or even hop, like the Po Ghosts of China.

Ghosts have been reported to appear in full color, all white, grey, blue, or as a dark shadow. They can materialize dressed as if from a bygone era to wearing modern clothing. In most instances, ghosts usually appear in human form as children or adults, but they could be the form of an animal. For example, many people report seeing the apparitions of beloved pets that have died.

Not all ghostly manifestations are apparitions or menacing, shadowy figures. Some will make their presence known by moving objects, causing banging or tapping noises, or alerting inhabitants of their presence in the form of smells such as perfume or tobacco.

Often a cold breeze or sharp drop in room temperature will signal a ghostly presence. Other ghosts might make their presence known by either gently touching a person, or if the ghost is angry, they will often attempt a more aggressive form of contact.

If a ghost is the result of a residual playback, they're seen as going about their daily business as they did in life. They pay absolutely no attention to living persons that are seeing them.

Here are some general reasons why a ghost may be haunting a location and making its presence known. It could

- be stuck on the earth plane and is crying for help
- needs desperately to relay a message
- refuse to accept the status of their death
- committed suicide, and it feels too unworthy to cross over
- be scared, shocked, or confused by its new state of existence
- want to make sure loved ones left behind are taken care of
- for some reason, be vengeful, angry, mean, and petty
- be in strong denial about an afterlife
- have met its death by trauma, e.g., war, an accident, attack, or murder
- desperately want to get a message to someone
- have unfinished business it feels compelled to complete
- want the last word
- not want to leave its riches or material holdings behind
- be unable to leave a loved one still living
- have a curiosity or desire to hang around and observe others
- not want to meet its creator out of fear and guilt from having lived an unkind and uncaring life
- feel more comfortable in staying in its familiar living environment

Truthfully, we don't know all of the reasons a ghost might be lingering on earth. And as you'll learn, not all ghostly apparitions of any sort are not actual ghosts at all but are artifacts left over from a previous time.

### **Ghosts vs. Spirits**

People often ask me about the differences between ghosts and spirits. Although frequently used interchangeably, there is a distinct difference between them.

**Spirits** are souls who have gone to the light and have been through a life review. I call these “pure form spirits.”

If there is a need to do so, they can cross back over to our side of the <sup>3</sup>veil and communicate with or make themselves known to us in some fashion.

They usually don't create problems or attempt to harm the living. However, they may make their presence known for a specific purpose known only to them. Still, we do not consider pure form spirits as being ghosts.

Ghosts, on the other hand, usually have *not* gone through the crossing over experience. For various reasons, they have chosen to stay on the earth plane and have an agenda for not crossing to the astral plane. They might remain quiet and unobtrusive or make their presence known by an overt display of moving objects or just by frightening people any way that they can.

Intelligent Spirits, as with any astral being, vibrate at a faster rate than humans. This is why they're not often seen unless they wish project a mental image of themselves to the living.

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<sup>3</sup> The boundary separating the plane of spirits and the earth plane.

It takes a lot of energy for a ghost to manifest. Therefore, a ghost is thought to have a specific a purpose for making its presence known.

**Intelligent Spirits**, as with any astral being, vibrate at a faster rate than humans. This is why they're not often seen. That is unless they want to project a mental image of themselves to one or more people.

### **Non-Human Ghosts**

Non-human entities are those beings that have not lived a human existence and are not considered ghosts in the truest sense. They come from an entirely different place than spirits. However, they will make their presence known aggressively and often attempt to cause harm to the living.

Non-human ghosts are categorized as demons, elementals, such as fairies, nymphs, and other spirits of the Nature Realm.

### **Spirits with a Purpose:**

Some spirits seem to have a mission or purpose behind their appearance. These kinds of souls possibly feel an urgent need to complete unfinished business.

In cases such as these, the spirit feels they can't wholly leave the earth plane until they do so and will cross back from the plane of spirits in an attempt to complete their mission. These spirits may even become stuck and might forget why they came back in the first place. When seen, they could appear as though they are trying to communicate something desperately, but no voice is perceived.



**A Grandmother watching over a grandchild.**

## **Family Visitations**

Another kind of purposeful ghost that is often reported is a deceased individual who returns shortly after death. Their purpose is to visit their close family members one last time.

Other reasons for a ghost being present might be for the sole purpose of calling attention to a terrible wrongdoing that happened to them when alive -- such as being murdered.

There are instances of a ghost that only seems to want to be noticed or acknowledged by the living. They will try just about anything to get the inhabitants' attention. There have been documented stories of ghosts delivering a message of impending death or disaster in more rare cases.

Whether benevolent or malicious, all these types of ghosts usually end up only frightening the witnesses by their ghostly presence regardless of their reasons for being there.

## **How Do Ghost Hunters Determine What Kind(s) of Spirit Encountered?**

This is where the real detective work begins. If you're investigating on your own or with a team, you'll start the painstaking process of determining if a ghostly presence is actually in the location.

If, by any method, you decide that you've captured compelling evidence, then the next step is to determine what class of ghost (or ghosts) has been encountered. Bear in mind there might be a mixed-bag of kinds of spirits detected in any given location.

## **TAXONOMY**

A taxonomy, or classification, of ghosts is next. The following classifications are the most common categories of spirits encountered.

## **Classifications of Ghosts**

Ghosts are spirits of the dead that most commonly appear around their former habitats. Because physical laws do not govern them, ghosts seem to walk through walls and materialize and dematerialize at will.

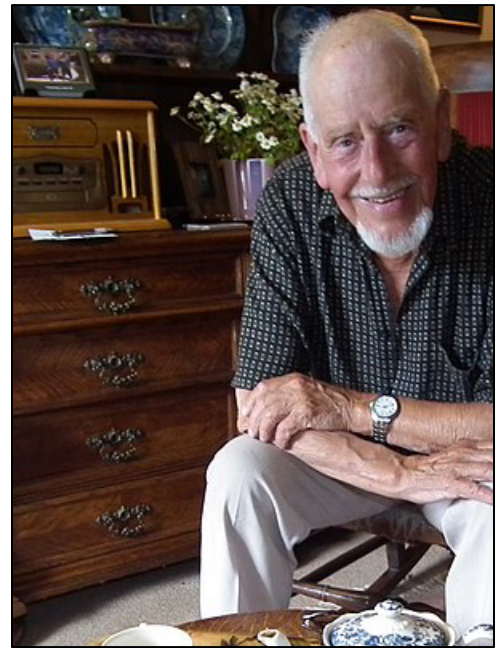
Also known as apparitions, spirits, revenants, earthbound spirits, specters, discarnate spirits, disembodied spirits, phantoms, and phantasms, ghosts can appear in many forms.

When we think of ghosts in the traditional sense, our minds usually turn to some unfortunate person witnessing a full-bodied apparition. However, there are several varieties and attributes of ghostly specters reported for centuries.

## **Differences in How Ghosts Manifest**

It's believed that there are distinct differences in how a ghostly presence might manifest. They are not always apparitions as such but can manifest as shadow forms, balls of light, voices heard, mists, etc.

Perhaps the differences are the conditions of when, where, and *how* the ghost is perceived. Are they only a "guest" spirit appearing only one time? Are they a reflection of past events, an accidental slip in time-space, purely a hallucination, or pink elephants from too much time spent in the local pub?



**Peter Underwood (1923-2014)**

The well-known Parapsychologist Peter Underwood, stated in one of his earliest books that there are eight primary classifications of ghosts. I found this to be wanting. So, I added to it. Next are thirteen kinds of ghost-type manifestations. You may already know these, but it never hurts to get a refresher.

## **My Thirteen Classifications of Ghosts**

1. Apparitions- Full-Bodied or Partial
2. Crisis Apparitions
3. Residual Ghosts
4. Intelligent Ghosts
5. Historical Ghosts
6. Lost Spirits
7. Message Spirits
8. Ghosts of the Living (Doppelganger)
9. Poltergeist Ghost Phenomena
10. Elementals – Nature Spirits
11. Animal Spirits (Animals spirits will be discussed in Lesson 2)
12. Jinn/Djinn spirits of the Middle East
13. Astral Shell

### **Ghost Classifications:**

- 1. Apparitions-Full-Bodied or Partial:** Considered as the crème de la crème in ghost hunting circles, an apparition is a spirit that is seen in various stages of manifestation and shades of transparency. There are three types of apparitions. They can be residual, intelligent, or shadow figures. When seen, these appearances can often strike unmitigated terror in those witnessing the apparition.
- 2. Crisis Apparitions:** A sudden appearance of a recently departed loved one either at the exact time of death or immediately after. Some believe these kinds of apparitional experiences are merely hallucinations that are a natural part of the grieving process. A true **crisis apparition** is when a person or persons witnessing the spirit had no inkling that the person has died.



## Materials for Lesson 1:

### **Videos:**

→Watch our movie on The Bell Witch

<https://youtu.be/ObQQ0z-rOt0>

### **Get a Head Start with Ghost Hunting Equipment:**

→Do EVP sessions from Your Cell Phone to Capture Ghost Voices

<https://www.youtube.com/watch?v=ORPa6JxfoKk>

<https://www.youtube.com/watch?v=eOo6GZ8Uisk>

### **Extra Handout:**

→Paranormal Glossary of Terms

To conclude this lesson, you can take a quick look at or print the separate hand out provided of paranormal terms that you'll most likely read about quite often during this course.