How to Determine Your Best Mediumship Psychic Sense

1. Which psychical sense was first activated? What was your initial experience of it?
2. Whom did you meet? What sense of identity did this psychical sense provide about your spirit visitor?
3. How did you experience this psychical sense?
4. What was the second psychical sense that you attempted to activate? What was your initial experience of it? What added information did you get about your spirit visitor?
5. What happened with the initial psychical sense as you brought the second sense into play?
6. What interactions did you have with your spirit visitor through these senses?

Continued.

1. After doing the exercise, do you think the psychic sense that activated first is your best Mediumship psychic sense or do you prefer another one?

Your notes: